



**When asked why they keep coming back, women say:**

*“What a great experience to be removed from every day stresses and placed in a soft, safe, loving environment where we can catch our breath, connect with other women and recognize we are not alone.”*

*“There is warmth here that you don’t even know you were missing; A void that it fills that you didn’t even know was there.”*

*“It is a loving, accepting, and inclusive experience where you can breathe, relax, rejoice, release, and retreat as much as you may need.”*



Situated amongst farms and orchards in southern Lapeer County, Skyline’s 156 acres of rolling hills and forests are a haven from the routine and stresses of daily life. Trails wind through grassy hills, deciduous & coniferous forests, connecting you to a rich ecosystem full of wild deer, turkey, squirrels, birds and much more.

At the highest point in the county, with a sweeping view over much of the camp, three buildings make up the campus center. Focus Hall is the centerpiece of Skyline’s retreat and conference facilities. Fully winterized, it is bright and airy, has a spectacular view and 14 bedrooms accommodating up to 64 overnight guests, with full and extra-long twin beds. Focus Hall has centrally located modern tile bathrooms with showers, a large meeting room for up to 125, parlor, kitchen and fireplace.

The main residence for what was once a country estate, the Lodge, is near Focus Hall. It too is fully winterized, sleeps up to 39 in six bunkrooms, has bathrooms with showers, a large meeting room, fireplace and snack kitchen. The dining facility is only 50 yards from the Lodge and Focus Hall. Our kitchen staff lovingly prepares hearty, wholesome meals from balanced family-style menus, served buffet style, using locally grown foods whenever possible.

Skyline Camp and Retreat Center  
5650 Sandhill Road Almont, MI 48003  
Business Office: 248.644.2043  
Site: 810.798.8240

[www.campskyline.org](http://www.campskyline.org)

# Women’s Retreat

November 10-12, 2017

## Nurturing Mind, Body and Spirit



Skyline Camp  
& Retreat Center

## Nurturing Mind, Body & Spirit...

A community of peace in a place of beauty.

Treat yourself to a weekend of nurturing before the busy-ness of the holidays. Venture out into a realm of compassionate & powerful feminine ground. Take time for solitude, silence, stars, moonlight, laughter, friendship, walking winding trails, the labyrinth, and simply rejoicing in the wonders of creation. Celebrate, contemplate, re-create and return centered & energized to thrive in your everyday world.

## Rejuvenate...

Activity choices include yoga, Healing Drumming, singing, DIY facials, campfires, archery, handcrafts, DIY workshops, farm and garden activities, prayer & meditation, nutritional & women's health guidance, the Recycle Raffle, T'ai Chi and a group meditation & Reiki session. All activities are optional.

## Recreate...

Nutritious and delicious meals, snacks and optional programs are provided from dinner Friday through lunch Sunday. Register now to guarantee the lodging option of your choice; singles and doubles fill up quickly. Registration limited to 52 women. [www.campskyline.org](http://www.campskyline.org)



## REGISTRATION DETAILS

\$135-\$260 for Friday – Sunday weekend overnight retreat, including meals, lodging and programs:

\$135 - Bunk rooms in the Lodge (6-8 per room)  
\$160 - Focus & Lodge rooms (3-5 per room)  
\$210 - Doubles (2 per room)  
\$260 - Single

Register EARLY: There are limited rooms for doubles and singles available. First come, first served, subject to availability.

\$75 for Saturday only: Registration at 8:00 AM. This includes all Saturday meals, snacks and activities.

### ADDITIONAL OPTIONS

\$10 for a quart of Skyline homemade soup to go

**Registration deadline: Nov 3, 2017**  
**Limited to 52 women.**

Register early to guarantee your spot & lodging options.

**Register Online: [www.campskyline.org](http://www.campskyline.org)**

or send payment and registration form to:

Skyline Administrative Office  
1669 W. Maple Rd.  
Birmingham, MI 48009  
248-644-2043

Make checks payable to: Skyline

Cancellation Policy: There are no refunds for early departures or "no shows".

Registrants will be sent an information sheet with schedule and more details by October 13.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone (H) \_\_\_\_\_  
Cell) \_\_\_\_\_  
Email \_\_\_\_\_

**ROOM:** Single \$260    Double \$210    3+ \$160  
5+ \$135    Saturday only \$75

\*We apologize that not all room sizes will be necessarily available when you register. Please check here  if you are UNable to access a top bunk.

Have roommate(s) in mind for the weekend? Please list name(s) here, and be sure they register asap:

\_\_\_\_\_  
*Requests will be met as much as possible.*

**DIETARY NEEDS** None    GF    DF  
Vegan    Ovo-lacto Vegetarian

Other \_\_\_\_\_  
Every effort will be made to honor all requests.

### ADDITIONAL OPTIONS

Please reserve \_\_\_\_quarts of SOUP (\$10 each) (Vegetable or Chicken Fajita) *On Sunday, take home some hearty homemade soup.*

Vegan    Meat & Vegetable

### PAYMENT

Cash    Check    Visa/MC/AmEx  
Cardholder Name \_\_\_\_\_  
Card Number \_\_\_\_\_  
Exp \_\_\_\_\_  
Security code \_\_\_\_\_ Zip Code for billing \_\_\_\_\_  
TOTAL \_\_\_\_\_

For more information contact:  
Skyline Administrative Office  
248-644-2043 or  
Shana Henry, Program Director  
248-830-5655